

Dear Parents,

We are again using the new physical exam form that the PIAA requires. Under their new guidance, the physical is valid for one year (June 1, 2010 – May 31, 2011). In order for the physical to be valid for one year, your daughter's physician must sign the "PIAA Comprehensive Initial Pre-Participation Physical Evaluation" form that I have attached. If your physician has a physical form that their practice uses, please ensure that they also must sign the PIAA form.

There are some situations where the physical may need to be recertified. If a physical form other than the approved PIAA form is used; if the student has a significant medical problem that renders her unable to participate in 25% or more of the sport's season or results in her being absent from school for 10 or more days; or if the athlete has surgery. In the event one of these situations applies to your daughter during the next school year, she will be given the recertification form at that time.

Please fill out the attached forms as completely as possible. In Section 2, please sign next to each sport your daughter intends to play, and on each of the blocks B, C, D, and E. There is a section in the form where you must sign acknowledging understanding of the PIAA eligibility rules. To read these rules, please go to <http://www.piaa.org/schools/eligibility/default.aspx>. Please be certain that your daughter signs in the appropriate spot at the bottom of the health history. Also please ensure your physician dates the physical when he/she signs it. This is how we determine the physical exam is current.

Keep in mind that your daughter **will not be permitted to tryout** without completion of this form and the emergency form. Please do not send your daughter to tryouts without having these forms completed, as she will be asked to sit and watch. This policy is established in the best interest of the health and well-being of your daughter. Please return the completed form by August 1, 2010. Send them to my attention at:

Ms. Marci Kliger
Villa Maria Academy
370 Old Lincoln Highway
Malvern, PA 19355

If you have any questions, I can be reached at (610) 644-2551 x1058. Your time and consideration are greatly appreciated.

Sincerely,

Marci J. Kliger, ATC
Villa Maria Academy